

CONFLICT RESOLUTION WORKSHOPS FOR PROFESSIONALS

*"In an era where we exalt employee
wellness and happiness, we've started to
think of conflict as antithetical to
engagement."*

- Liane Davey, Author

Objective

An Interactive Workshop to
Learn and Practice Strategies to
Constructively Navigate
Resistance and Disagreements

Format

Two 2 Hour Sessions

Venue

Virtual or In-Person

Cost

\$350 per person

LEARNING GOALS:

- ENHANCE SELF AWARENESS AND OUR ROLE IN DIFFICULT CONVERSATIONS
- IDENTIFY WHEN CONVERSATIONAL SAFETY IS AT RISK AND LEARN STRATEGIES TO REDIRECT THE CONVERSATION
- LEARN ACTIVE LISTENING SKILLS FOR CRUCIAL CONVERSATIONS
- LEARN STRATEGIES FOR NAVIGATING RESISTANCE AND DISAGREEMENTS
- LEARN ANGER AND STRESS MANAGEMENT STRATEGIES
- FOSTER TEAMWORK AND EFFICIENCY IN GROUP DECISION MAKING

